Catch the Spirit Family Walk/Run
2013 Registration Form

Catch the Spirit Family Walk/Run provides a unique opportunity for our community to get away from their busy daily schedule to exercise as a family, meet new friends, and renew health and fitness goals. This family friendly 2 mile walk/run will be held along a scenic path at **Quarry Lakes** in Fremont. The distance and location is perfect for a quick run or just an early morning stroll. The event is open to all ages. All proceeds will benefit Holy Spirit Catholic School. For safety reasons, jogging strollers will be the only wheels allowed!

When: Saturday, April 13, 2013
Where: Quarry Lakes, Fremont
Start Time: 9:30am (Check-in 7:30-9 am)

Fees: $20 per person for advance registration (Before 3/23)
$25 late registration (T-Shirt will not be guaranteed)
$65 for 4 people and $10 for **EACH** additional immediate family member

Fees Include: Lots of Fun / T-Shirt (Adult L, XL, XXL; Youth L) / Great Refreshments!!

Prizes/Awards: 3 deep in many age groups
(Age Categories: 6 & under, 7-10, 11-14, 15-19, 20+, 30+, 40+, 50+, 60+)

Packets: Bib numbers will be available for pick up 3 pm at Holy Spirit 2 days prior to the event & on event day.

Parking $5 per car

For more information or **SPONSORSHIP OPPORTUNITIES** call Connie Santillana (510) 471-9527/connie_santillana@yahoo.com.

*Please return Reg. Form and Payment to the **HS Church or School office** to Connie Santillana c/o Ahlyssa 4th Grade or mail to: 3930 Parish Ave. Fremont CA 94536 (Checks must be made payable to **Holy Spirit School**)*

Catch the Spirit Family Fun Walk/Run Registration Form 2013

Family Name:_____ **Email:**_____
Address:_____
City/State/Zip:_____**Phone:**_____
Emergency Contact: _____**Phone:**_____

I will not be able to participate in the event this year, but I would like to donate $_____ toward the event.

Waiver and Release for Catch the Spirit Family FUN Walk/Run: In Consideration of your acceptance of my entry, I, intending to be legally bound, do hereby, for myself, my heirs, executors and administrators forever waive release and give up any and all claims, demands, liability, damages, costs and expenses of any kind whatsoever, including personal injuries to me or wrongful death, against City of Fremont, Holy Spirit School/Parish, Diocese of Oakland, East bay Regional Park District, its Officers, Directors, employees, representatives, agents, contractors and subcontractors, sponsors and volunteers, which may arise from my participation in the Catch the Spirit Family FUN Walk/Run event on Saturday, April 13, 2013. I FULLY UNDERSTAND I AM FOREVER GIVING UP IN ADVANCE ANY RIGHT TO SUE OR MAKE ANY CLAIM AGAINST THE PARTIES I AM RELEASING IF I SUFFER SUCH INJURIES AND DAMAGES EVEN THOUGH I DO NOT KNOW WHAT OR HOW EXTENSIVE THOSE INJURIES AND DAMAGES MIGHT BE AND AM VOLUNTARILY ASSUMING THE RISK OF SUCH INJURIES AND DAMAGES. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation.

Participant's Name	Gender M or F	Age Category	T-Shirt Size	Waiver Acknowledgement Signature *(Participant/Guardian) for each Participant NEEDED*	HSS Student Gr.

Referred By:_____ ***For Office ONLY:*** Check #_____ Total Amount _____PAID: ☐